



Carroll County Sheriff's Office
Waiver of Liability
Pre-Employment Physical Agility Test

Each candidate seeking employment as a Carroll County Sheriff's Office Law Enforcement Deputy or Correctional Deputy will participate in the following physical agility obstacle course after a 5-10 minute warm-up period:

Obstacle Course

The course measures a total of 1600 feet (487 meters). The course consists of a series of ten (10) interspersed individual tasks, arranged in a continuous format that are viewed as being essential (physical) job related tasks for Law Enforcement / Correctional training:

- Running - 300 meters
Horizontal Jump - a distance of four (4) feet
Climbing over an object - over an object four (4) feet
Climbing Steps - Ascend/Descend two (2) flights of stairs
Jumping Down - Four (4) feet
Serpentine - Changing direction in run
Low Crawling - 24-inch-high obstacle
Vertical Jump - Low Hurdle - fifteen (15) inches
Moving/Dragging Weight (160 pound dummy) - Move thirty (30) feet
Handgun Trigger Pull & Slide Manipulation

The obstacle course must be completed in 3 minutes and 30 seconds.

TO BE COMPLETED BY APPLICANT:

APPLICANT'S NAME (PRINT CLEARLY):

SOCIAL SECURITY NUMBER: DATE OF BIRTH:

TO BE COMPLETED BY PHYSICIAN:

I certify that I have reviewed the above requirements and it is my opinion that the above-named applicant can perform the elements of this test without undue risk to himself/herself.

PHYSICIAN'S NAME:

PHYSICIAN'S ADDRESS:

PHYSICIAN'S TELEPHONE:

PLACE IMPRINT OF DOCTOR'S OFFICE STAMP HERE

Physician's Office MUST indicate if no stamp is available and physician MUST also sign in this box to indicate same.



Empty rectangular box for physician's stamp and signature.

PHYSICIAN'S ORIGINAL SIGNATURE: DATE:

This waiver of liability is valid until the following date: September 30, 2021

~~~~~PHYSICIANS ONLY may contact Tim Brown at 410-386-2207 with any questions regarding this test.~~~~~